

YOUR NUTRIBULLET SELECT PUTS YOU IN CONTROL WITH **3** SETTINGS + **5** VARIABLE SPEEDS.

HOW IT WORKS



1 Fill ingredients into the **Short Cup, Tall Cup, or Pitcher***. Do not exceed the MAX line. (Liquid is required!) ***Note:** Add blade to pitcher before filling!



2 Twist the **Precision Extractor Blade** onto the **Cup or Pitcher*** and tighten by hand to make sure the vessel is sealed. With Cup in place, the G-button will blink GREEN 3 times to show that the unit is powered on and that a setting needs to be selected.



3 Press the vessel to the side down onto the **Power Base** and turn counter-clockwise to lock.



4 Turn the dial to select a setting. **Note:** After use of each setting, dial must be turned to "OFF" position to reset.



5 Press the G button to activate.**

CAUTION: Friction from the rotating blade when extracting can cause ingredients to heat and generate internal pressure in the sealed vessel. If the vessel is warm to touch, allow to cool before carefully opening pointed away from your body.

POWER SETTINGS



PULSE

You control the power with the Pulse setting. Make chunky salsas or creamy dips, mince, chop and dice with ease.



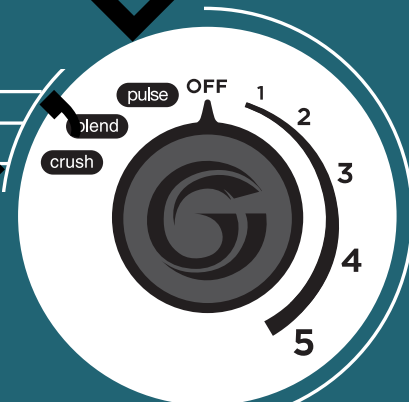
BLEND

Precise 60-second Blend setting for smoothies, shakes, and creamy soups—anything you want to have a silky smooth consistency.



CRUSH

Use the Crush setting for rock-hard foods like ice, frozen fruits, nuts, cinnamon sticks, etc.



VARIABLE SPEEDS

Use Variable Speeds for whipping foods by starting slow and increasing to high—for foods such as cream cheese, mayonnaise, sauces, etc.

**** PULSE** – Turn the dial to “Pulse” then press the center of the dial until you achieve the consistency you desire.

BLEND – Turn the dial to “Blend” then press the button once. The hands-free blend cycle will start, run for 60 seconds, then stop.

CRUSH – Turn the dial to “Crush” then press the button once. The hands-free crush cycle will start, run through its 60-second program, then stop.

Note: If you want an even thinner consistency for your smoothie, give the Crush setting a try!

VARIABLE SPEEDS – Start at number 1, then increase the variable speed as needed for your particular recipe.